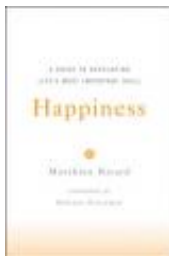


## Self (33)

- \\_ Affirmations (1)
- \\_ Aging (1)
- \\_ Creativity (1)
- \\_ Motivational & Inspirational (5)
- \\_ New Age (Self Help) (3)
- \\_ Personal Growth (9)
  - \\_ Happiness (1)
  - \\_ Success (4)
- \\_ Self-Hypnosis (2)
- \\_ Sexual Instruction (1)
- \\_ Substance Abuse & Addictions (1)
  - \\_ Other Specific (1)

## Self



### Happiness: A Guide to Developing Life's Most Important Skill

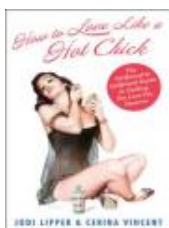
Matthieu Ricard

A molecular biologist turned Buddhist monk, described by scientists as "the happiest man alive," demonstrates how to develop the inner conditions for true happiness. Never has happiness as an emotional and physical state of being been so widely discussed. Matthieu Ricard is one of the most compelling voices on the subject, and one of the few who can...

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### How To Love Like a Hot Chick: The Girlfriend to Girlfriend Guide to Getting the Love You Deserve

Jodi Lipper

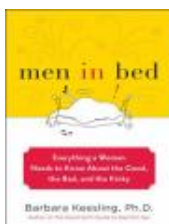
Hot Chick: A confident, passionate, honest woman. . . . You want to be around her to soak up those good vibes.

The duo that taught you to embrace your body and indulge without guilt in How to Eat Like a Hot Chick is back to remind you of something that will transform your love life forever—you are a Hot Chick! With their feisty humor and uplifting...

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### Men in Bed: Everything a Woman Needs to Know about the Good, the Bad, and the Kinky

Barbara Keesling

The bestselling author of The Good Girl's Guide to Bad Girl Sex presents the ultimate troubleshooting guide

Today's woman will have on average far more partners and sexual experiences than her mother's generation. However, she is just as likely to become confused, insecure, and surprised by what takes place in her bedroom. She'll quickly discover...

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### Mystery Date

Denise Little

Flirt with the unknown in 17 unusual tales of blind dates

When people embark on blind dates, they never quite know what they will find - and the dates in these mostly modern-day urban tales go far beyond the usual expectations. Here, these 17 romantic hopefuls encounter surprise first dates with the likes of Zeus and William Shakespeare; Medusa...

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## Personal Power

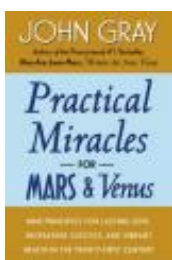
M. H. Ford

After 9/11, life is no longer the same. The world we know is changing, and new ways of protecting ourselves, doing business, and meeting personal goals are on everyone's mind. The pervasive need for more personal power underscores modern trends toward the psychology of self and therapeutic individualism. Americans want individual accountability in business...

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## Practical Miracles for Mars and Venus: Nine Principles for Lasting Love, Increasing Success, and Vibrant Health in the Twenty-fi

John Gray

Practical advice from the author of the No. 1 hardcover of the last decade for filling each day with wonder, power, and fulfillment.

Awaken your power to create practical miracles so that you can adjust to life's challenges and respond with greater peace, joy, and love.

John Gray provides nine guiding principles to live by:

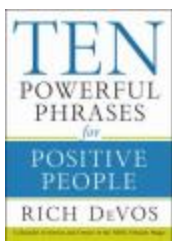
- Believe as if miracles

...

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## Ten Powerful Phrases for Positive People

Rich DeVos

The simple act of offering a kind word or two can have power to change lives in positive and profound ways. In Ten Powerful Phrases For Positive People, DeVos focuses each chapter on one key phrase, such as "I'm Proud of You," or "I Believe in You," that he has found to help individuals overcome differences, build relationships, instill confidence,...

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## The Love Magic Book: Potions for Passion and Recipes for Romance

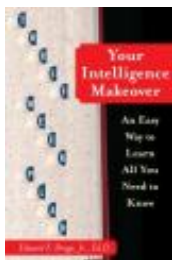
Gillian Kemp

Here are spells for all the stages of a romance, from attracting love and influencing its course to keeping love alive and letting it go. The enchanting advice that Gillian Kemp reveals in her newest ebook is delightful....

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## Your Intelligence Makeover: An Easy Way to Learn All You Need to Know

Edward F. Droge Jr.

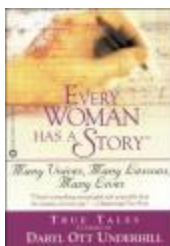
Have you ever wished you could give your mind an upgrade, just as you can give one to your computer, car, kitchen, or wardrobe? Or that you could remember all-important phone numbers or shopping lists without fumbling with multiple slips of paper? Or speed-read or do lightning-fast everyday math calculations? Or that you could be a Renaissance man or...

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## Affirmations

**Every Woman Has a Story: Many Voices, Many Lessons, Many Lives***Daryl Ott Underhill*

When Daryl Ott Underhill sent out a general request for stories written by women about their lives, she had no idea the response would be so phenomenal. She heard from over 500 women of all ages and from all backgrounds. The authors wrote about a wide range of subjects, including friendship, love, turning 30, motherhood, losing parents, surviving the...

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Aging



**From Age-ing to Sage-ing: A Profound New Vision of Growing Older**

*Zalman Schachter-Shalomi*

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## Creativity

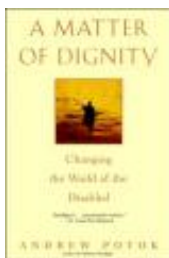
**Interactive and Improvisational Drama: Varieties of Applied Theatre and Performance***Adam Blatner*

Are you a drama student looking for other ways to practice in your field? Perhaps you teach drama students or as a teacher want to enliven your lessons. Are you an actor who wants to diversify your role repertoire? Are you a therapist who uses active approaches to promote your clients' creative potentials? Maybe you want to be involved in a meaningful...

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## Motivational & Inspirational



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Andrew Potok

From A Matter of Dignity:

I realized that I needed to learn about the legislative and legal aspects of disability as much as I did about our feelings regarding wholeness, beauty and ugliness, about the state called normalcy, about liberating technologies and therapies, about the role of the disabled in history and literature. And what could better...

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### Get Motivated for Success in Your Business!

Jessica Orben

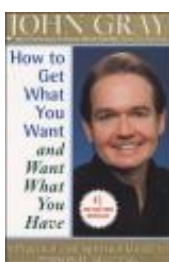
Jessica Orben brings you a motivational business quote for every morning and every afternoon of every day of the year...

From the preface: I have always referred to quotes about motivation, leadership, business management, inspiration, etc. to keep me motivated when running my business. These quotes have a way to get stuck into my head and enthuse...

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### How to Get What You Want and Want What You Have: A Practical and Spiritual Guide to Personal Success

John Gray

Create The Life You Want

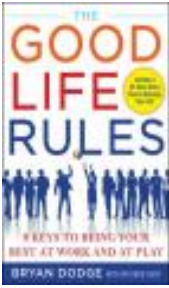
John Gray, the author of the Men Are from Mars, Women Are from Venus relationship classic, now presents a brilliantly innovative program for achieving personal success. The wisdom and techniques in these pages will enable you to feel greater joy, love, confidence, and peace.

Some Wise Words From How to Get What You Want...

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## The Good Life Rules

*Bryan Dodge & Matt Rudy*

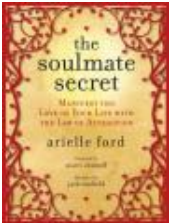
Learn one of the most life-changing messages in the world from one of its most dynamic speakers.

Bryan Dodge's message is spreading from coast to coast--and transforming lives day by day. With 600,000 radio listeners at Dallas' WBAP--and hundreds of speaking engagements each year, Dodge definitely has something to say. Something that could change your...

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## The Soulmate Secret: Manifest the Love of Your Life with the Law of Attraction

*Arielle Ford*

Have you ever wondered what it takes to find the love of your life? Is it your dream to find a life partner who will love, cherish, and adore you? The Soulmate Secret will show you how to take control of your romantic destiny by using the Law of Attraction. Finding true love is possible for anyone at any age if you are willing to prepare yourself,...

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## New Age (Self Help)



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*Marshall Masters*

"Chance favors the prepared mind." - Louis Pasteur

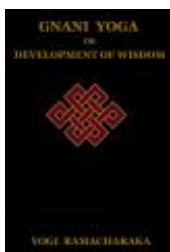
A few possess the courage to harvest what they can, and this series of teachings was created especially for them. To help enable them to harvest that which they already know and can feel within the grasp of their own spiritual senses.

To you beloved seekers of light, herein is knowledge to help you...

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*Yogi Ramacharaka*

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### Personal Magnetism and Charisma: The Essence and Practice of It

*Theron Q. Dumont*

We hear nowadays much about Personal Magnetism and Charisma. Various self help books are written using these very concepts. However long before these books became popular, Dumont Theron talked about Personal Magnetism and Charisma, which is a peculiar quality of the mental being of the individual that potentially can help us in all aspects of our life...

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## Personal Growth



### Kokology 2: More of the Game of Self-Discovery

*Tadahiko Nagao*

Kokology 2 offers all-new insights into the surprising real you. Kokology, the popular Japanese pop-psych quiz game, is now an American bestseller, and Kokology 2 offers more than 50 all-new quizzes, perfect for beginners and experienced kokologists alike.

Kokology, the study of kokoro ("mind" or "spirit" in Japanese), asks you to answer questions...

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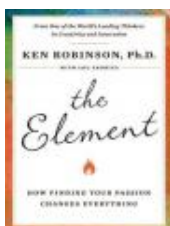
*Teri Gault*

These days the cost of food and other basic necessities is going through the roof. Teri Gault's has already helped millions save serious money. And now she shares the secrets to sensible shopping in one essential volume, so you can feed your family and take care of their needs for thousands of dollars a year less! Shop Smart, Save More provides step-by-step...

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### The Element: How Finding Your Passion Changes Everything

*Ph.D. Ken Robinson*

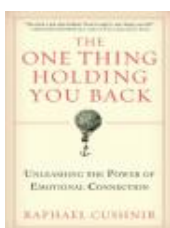
From one of the world's leading thinkers and speakers on creativity and self-fulfillment, a breakthrough ebook about talent, passion, and achievement

The element is the point at which natural talent meets personal passion. When people arrive at the element, they feel most themselves and most inspired and achieve at their highest levels. The Element...

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### The One Thing Holding You Back: Unleashing the Power of Emotional Connection

*Raphael Cushnir*

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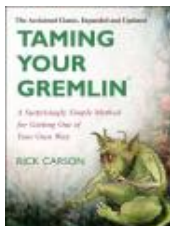
Most people have a vision for their lives that they're not pursuing, half-heartedly pursuing, or pursuing with all their might yet somehow falling short. This vision can be modest or grand. It may involve breaking free of a destructive habit or finding...

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## Personal Growth &gt;&gt; Happiness

**Taming Your Gremlin (Revised Edition): A Surprisingly Simple Method for Getting Out of Your Own Way***Richard D. Carson*

A completely updated edition of this classic, explaining the author's laid-back but stunningly powerful methods for taming self-defeating behaviours.

Your gremlin interprets your every experience. He has nothing good to say about you or anything you do, not to mention your dreams and aspirations. Just when you feel you've out-argued or overcome him,...

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## Personal Growth >> Success



### "Excuse Me, But I Was Next...": How to Handle the Top 100 Manners Dilemmas

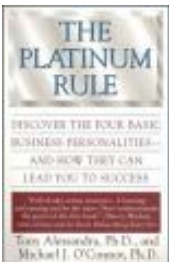
*Peggy Post*

Have you ever been annoyed by cell phone yakkers, line cutters, or movie chatterers? Been confused about who pays at a restaurant? Received a gift you hated? Fumed over how to respond to a nosy question? America's etiquette expert Peggy Post comes to the rescue in this concise, readable handbook devoted to the top 100 etiquette issues everyone wonders...

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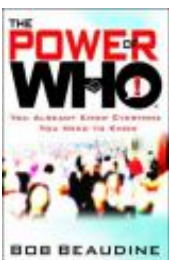
*Tony Alessandra*

In this entertaining and thought-provoking ebook, Tony Alessandra and Michael O'Connor argue that the "Golden Rule" is not always the best way to approach people. Rather, they propose the Platinum Rule: "Do unto others as 'they'd' like done unto them". In other words, find out what makes people tick and go from there....

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### The Power of Who: You Already Know Everyone You Need to Know

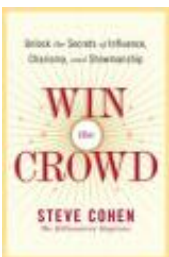
*Bob Beaudine*

Bob Beaudine believes Networking is Not working for Americans any longer. This highly respected and well-connected head hunter shares his philosophy on what really works in identifying what your dream in life is and how to get it. With his unique 100/40 principle, Beaudine takes the traditional networking concept, shakes it up and rebuilds it, explaining...

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### Win the Crowd: Unlock the Secrets of Influence, Charisma, and Showmanship

*Steve Cohen*

The Millionaires' Magician, Steve Cohen, teaches you how to use the secrets of magic to persuade, influence, and impress!

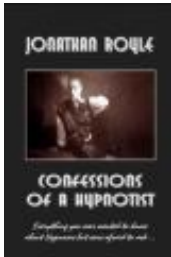
Heart-stopping magician Steve Cohen knows how to use the tricks of magic to command rooms and captivate audiences. More than just sleight of hand, magic is a mental game of cat-and-mouse, a power play between two minds. In this book,...

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## Self-Hypnosis



### Confessions of a Hypnotist: Everything you ever wanted to know about hypnosis but were afraid to ask...

*Jonathan Royle*

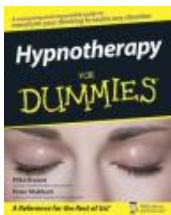
Confessions of A Hypnotist is subtitled "Everything you ever wanted to know about Hypnosis But were Afraid to Ask" and that pretty much sums up the contents of this amazing instructional guide which will turn novices into expert hypnotists and take even established professionals several steps up the ladder of success.

Dr. Jonathan Royle - BSc...

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### Hypnotherapy For Dummies

*Mike Bryant & Peter Mabbutt*

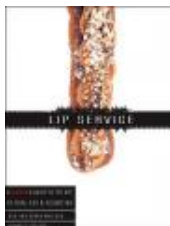
An easy-to-follow, reassuring and responsible guide that shows how you can use hypnotherapy to identify and overcome unhealthy modes of thinking, deal with emotional issues, improve performance, and banish bad habits. Whether you're seeking to overcome anxiety or depression, improve your performance professionally or personally, lose weight or beat an...

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**Compulsive Gambling - A Medical Dictionary, Bibliography, and Annotated Research Guide to Internet References***ICON Health Publications*

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The ebook is designed for physicians,...

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## Title Index

"Excuse Me, But I Was Next...": How to Handle the Top 100 Man	Success	13
2012 Wisdom of The Elohim: The Complete Virtual Serenity 12-P	New Age (Self Help)	10
A Matter of Dignity: Changing the World of the Disabled - And	Motivational & Inspi	8
Compulsive Gambling - A Medical Dictionary, Bibliography, and	Other Specific	16
Confessions of a Hypnotist: Everything you ever wanted to kno	Self-Hypnosis	14
Every Woman Has a Story: Many Voices, Many Lessons, Many Live	Affirmations	5
From Age-ing to Sage-ing: A Profound New Vision of Growing Ol	Aging	6
Get Motivated for Success in Your Business! - Jessica Orben	Motivational & Inspi	8
Gnani Yoga or Development of Wisdom: The Highest Yogi Teachin	New Age (Self Help)	10
Happiness: A Guide to Developing Life's Most Important Skill	Self	2
How to Get What You Want and Want What You Have: A Practical	Motivational & Inspi	8
How To Love Like a Hot Chick: The Girlfriend to Girlfriend Gu	Self	2
Hypnotherapy For Dummies - Mike Bryant & Peter Mabbutt	Self-Hypnosis	14
Interactive and Improvisational Drama: Varieties of Applied T	Creativity	7
Kokology 2: More of the Game of Self-Discovery - Tadahiko Nag	Personal Growth	11
Lip Service: A His and Hers Guide to the Art of Oral Sex & Se	Sexual Instruction	15
Men in Bed: Everything a Woman Needs to Know about the Good,	Self	2
Mystery Date - Denise Little	Self	2
Personal Magnetism and Charisma: The Essence and Practice of	New Age (Self Help)	10
Personal Power - M. H. Ford	Self	3
Practical Miracles for Mars and Venus: Nine Principles for La	Self	3
Shop Smart, Save More - Teri Gault	Personal Growth	11
Taming Your Gremlin (Revised Edition): A Surprisingly Simple	Happiness	12
Ten Powerful Phrases for Positive People - Rich DeVos	Self	3
The Element: How Finding Your Passion Changes Everything - Ph	Personal Growth	11
The Good Life Rules - Bryan Dodge & Matt Rudy	Motivational & Inspi	9
The Love Magic Book: Potions for Passion and Recipes for Roma	Self	3
The One Thing Holding You Back: Unleashing the Power of Emoti	Personal Growth	11
The Platinum Rule: Discover the Four Basic Business Personali	Success	13
The Power of Who: You Already Know Everyone You Need to Know	Success	13
The Soulmate Secret: Manifest the Love of Your Life with the	Motivational & Inspi	9
Win the Crowd: Unlock the Secrets of Influence, Charisma, and	Success	13
Your Intelligence Makeover: An Easy Way to Learn All You Need	Self	4